

Dreams

Week 1- pass a basket with items asking them to pick something and tell a story from their life that goes with what they've picked

Week 2- Have every woman answer the question "where did you learn to dream?"

Week 3-Yes! and No! At the end of week 2, each woman must draw from a bag a word, either "yes" or "no." Ask them each to talk about where they have heard that word from others.

Week 4- Everyone comes with a story this week which begins with the phrase "One day I'm going to..."

Week 5- At the end of week 4 play the song "Red Heart" by Hey Rosetta or the song "Cath..." by Deathcab for Cutie and pass out the song lyrics. Each woman should consider what the song you chose says about her heart and the dreams that it holds.

Week 6- Each woman should come this week with the word they feel describes them best.